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Presentation: Wellness Commission Update

Issue/Request:

This presentation is to provide an update to the Council on the activities of the Wellness Commission.

Background:

The Wellness Commission was created in November of 2022. The purpose of the commission is to advise and recommend to the City Council plans, programs, and projects which improve the health and well-being of City residents in alignment with the 2020 Ignite Strategic Plan's Community Health and Well-being goals and objectives. The commission supports, promotes, and develops community resources in mental health, fitness, walkability, bike-ability, multimodal transportation, and community well-being. The Wellness Commission also serves as the Livable Streets Advisory Board to meet related requirements found in the Code of Ordinances and Livable Streets Resolution adopted by City Council.

Membership is comprised of thirteen (13) Lee's Summit residents each serving a three-year term. Thirteen founding members were appointed in May of 2023 to serve staggered terms of one, two, or three years. Members represent governmental entities, not-for-profit organizations, service agencies, organizational alliances, or other groups whose mission and purpose are to meet the many health and wellness needs of the residents of Lee's Summit.

The first meeting of the Wellness Commission was held on September 6, 2023, with a kick-off and training. Subsequent meetings began a process of strategic planning with Lauren Palmer, Director of Local Government Services MARC, facilitating a Priority Setting Workshop. This presentation by Wellness Commission Chair Jennifer Craig will inform the Council of the items that the Commission plans to focus on for the next three years.

Susan Barry, City Traffic Engineer

Jennifer Craig, Chair
Lauren Palmer, Facilitator