



HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, November 7, 2019

I. Call meeting to order

The Health Education Advisory Board (HEAB) meeting was called to order at 6:37 p.m. by Dr. Steve Salanski in the Administration Board Room at John Knox Village.

Members Present

Dr. Steve Salanski

Tammy Landrum

Dr. Ed Kraemer

Karna Stuchlik

Cheryl Orr

Rhonda Canning

Monica Meeks

City Council

Craig Faith (by phone)

Guests

Sydney Alexander

Cameron Haake

Staff

Chris Clubine

Colene Roberts

II. Public comments

Board members introduced themselves for the benefit of two UCM students sitting in on the meeting.

III. Approval of August 22, 2019 meeting summary

Dr. Kraemer suggested one change to the summary. The meeting summary was approved with the proposed correction, changing the word "limit" to "prohibit" in the motion made by Mr. McBride under vaping in enclosed areas.

IV. Vaping in enclosed areas ordinance

A draft ordinance was provided for the Board's review. Dr. Kraemer and Dr. Salanski have been working with City Attorney, Brian Head, to draft the ordinance. It is written to be similar to the Clean Indoor Air Act. The definitions included in the ordinances are the same. Some additional language has been added. Section 4, 17-307 F includes the statement: "Does not allow those under the age of 18 years old into the areas where the possession of lighted smoking materials occurs." This will also be added to the Clean Indoor Air Act. Dr. Salanski said that Mr. Head wanted this ordinance to be carefully worded so there would be no contradiction with the State's legislation regarding medical marijuana. Dr. Kraemer noted that State law regarding tobacco use and the City's Tobacco 21 ordinance were also considered. The definition of smoking on p. 2-3 tries to capture all methods, including some newer variations like heat-not-burn. Ms. Stuchlik appreciated the inclusion of "other substances" so that the prohibition is not limited to nicotine products. The draft ordinance does not include vaping near doors. The Clean Indoor Air Act does not include that restriction either. The penalty for violations is a fine of \$0-500. Ms. Meeks asked about the exception for all medical marijuana facilities, noting that they are public places and places of employment. The draft ordinance references Article XIV of the Missouri Constitution. She stated that the Article prohibits marijuana consumption in dispensaries. It also includes all marijuana facilities as

public places. Ms. Orr made a motion to support the draft ordinance and speak to the City Attorney about the possibility of removing 17-503(b). She noted that if the item cannot be removed, her motion would still support recommending the ordinance for City Council approval. Ms. Stuchlik seconded the motion. The motion passed.

V. Update on Building a Healthier Jackson County Initiative

Dr. Kraemer reminded everyone of the work groups: access to affordable healthcare; healthy eating and active living; and, behavioral health. Dr. Kraemer reported that the eating/living work group has developed a large coalition of people from cities, schools, fitness centers, KC Healthy Kids, UMKC, University of Missouri, MO Bike and Pedestrian Federation, Bike Walk KC, and others. The National Complete Streets Coalition, a program of Smart Growth America, is looking to work with cities to create/improve Complete Streets. They offered free technical assistance for three communities in Missouri. The eating/living work group applied on behalf of the Eastern Jackson Country region and has been selected to participate along with Joplin and Kirkwood (St. Louis suburb). The first online meeting with national representatives and representatives from each of the three places has already taken place. Each place will host a face-to-face meeting over the coming months. The goal for Eastern Jackson County is to get Complete Streets ordinances in all communities in the region. Ms. Meeks reported that the behavioral health work group is working to bring mental health first aid training to first responders. They held a screening of “The Ripple Effect” this year and are looking into screening another film. A youth led suicide prevention campaign is being explored. They continue to support suicide prevention education in schools. They are also planning a mental health resource page for the Jackson County Health Department website.

VI. Update on media outreach

Ms. Stuchlik said there is nothing new to report yet.

VII. Media articles

Dr. Kraemer has an article on youth vaping that Ms. Meeks provided. It was written by a student. Dr. Kraemer said that in light of the recent attention to acute vaping illnesses, he and Dr. Salanski felt it was important to address the topic. They have drafted a letter-style article including excerpts from the CDC, for November. Dr. Kraemer suggested running the student written article a little later, possibly just before the City Council reviews the vaping ordinance. Ms. Canning will provide an article on self care for the holidays for late November. Board members liked the idea of including quotes from local “celebrities” on how to stay healthy during the holidays.

VIII. Future continuing education topics

Dr. Salanski noted that the Board will not meet again until January. Previously discussed topics include KC Medical Reserve Corps, mindfulness and the State of the Youth report. Ms. Meeks will invite students to present the State of the Youth: Development Assets, Strength and Support in January. Ms. Stuchlik will give her presentation on mindfulness in February.

IX. Roundtable

Ms. Meeks said that the Jackson County Health Department has a grant to partner with MIMH to implement naloxone use. Lee’s Summit Medical Center collected the most material at the

recent drug take back event. This Saturday and Sunday is the Holly Fest and Health Fair at Bernard Campbell Middle School.

Ms. Orr stated that the district has some wonderful programs to address stress for school staff. These programs have been implemented over that last few years and they are very helpful. Recently, she has noted an issue for students dealing with trauma. She gave the examples of a student who fled Guatemala and another who fled the Taliban. There is a need for bilingual counselors.

Ms. Landrum said that Jackson County Health Department distributes naloxone to first responders. Employers should schedule their free flu shot clinics.

Dr. Salanski mentioned a current petition drive to get Medicaid expansion on the ballot. He noted that there are opportunities to participate.

Dr. Kraemer said that LS Ignite is moving forward. There are 7 critical success factors. One of those is Healthy and Happy Community. Dr. Kraemer has been invited to participate in the work group.

Ms. Roberts said that the Human Relations Commission has continued to work on their community kindness initiative. The Mayor will be announcing Take Time to be Kind for the week of Valentine's Day at the Character Breakfast.

Ms. Canning was in Germany recently, talking to a student about mental health and suicide prevention. She noted a new treatment for PTSD that is having good results. ReDiscover had their first client undergo TMS this week.

Mr. Clubine stated that he passed along the frustrations over quorum issues expressed by Board members at the last meeting.

Councilmember Faith reported that Saturday morning, the City will host RecycleFest at the maintenance facility on Hamblen Road. Athletic shoes, keys, working adult bikes, crayons, rechargeable batteries, wine corks, tennis balls, golf balls, and more will be accepted.

X. Adjournment – 8:19 p.m.

MISSION STATEMENT:

In collaboration with the City of Lee's Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.