



HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, December 20, 2018

I. Call meeting to order

The Health Education Advisory Board (HEAB) meeting was called to order at 6:36 p.m. by Dr. Steve Salanski in the Administration Board Room at John Knox Village.

Members Present

Dr. Edwin Kraemer
Dr. Steve Salanski
Tammy Landrum
Rodney McBride
Rhonda Canning
Dr. Merle Nunemaker
Dr. Doug Herriott
Monica Meeks

Staff

Nick Edwards
Colene Roberts

II. Public comments

None.

III. Approval of October 25, 2018 meeting summary

The meeting summary was approved.

IV. Hands Only CPR event

The event will be held on Feb. 23, from 9:00am to 12:00pm, at the Gamber Center. Attendees will be confirmed at the January meeting. Dr. Salanski will check with city staff to see how many t-shirts are left. He will also check with all trainers via email. Mr. Edwards will confirm the date with the Fire Department.

V. Discussion of hosting Stop the Bleed classes

Stop the Bleed trainers must be medical professionals. Two approaches to get the training out into the community were discussed. The Board could target particular groups and go out to them to provide training. The Board could host an event and invite the community to attend, much like the Hands Only CPR events. Ms. Meeks suggested partnering with entities that provide active shooter training. Performing multiple training sessions may require more trainers than the Board can provide. The conclusion was to host a single event in 2019 as a trial. Ms. Canning suggested holding the event just before Memorial Day. Promotional materials could be distributed at the CPR event in February.

VI. Medical Marijuana Resolution

Dr. Kraemer shared a presentation that was given at a joint meeting of the City Council and Planning Commission. One of the medical marijuana issues on the Missouri ballot passed in November. It legalized "medical" marijuana and charged the Missouri Department of Health

and Senior Services with administration. It provides for cultivation facilities, dispensary facilities, marijuana-infused products manufacturing facilities, medical marijuana testing facilities, and transportation. There are impacts for the City in multiple areas: Planning and Zoning regarding the placement of facilities and any potential limits on the number of facilities; Building Codes regarding the size of facilities and the particular challenge of extraction facilities because of explosive materials and mold concerns; Criminal Codes regarding prosecution; and Business licenses regarding fees and any potential limit on the number of licenses. The ballot measure that passed included some minimum requirements. For example, a minimum of one cultivation facility license is required per 100,000 people in the state. Also, there must be at least 24 dispensaries per U.S. Congressional District. The measure went into effect on Dec. 6. Doctors' offices are already receiving inquiries from patients. Medical staff is being trained on how to respond to requests. The State must have rules promulgated within 180 days (Jun. 4, 2019). The Department of Health and Senior Services must begin accepting applications for licenses within 240 days (Aug. 3, 2019). If you are certified to use medical marijuana, you can grow your own. There is a limit of 6 plants in the flowering stage but an individual could have additional plants that are not in the flowering stage. Butane is commonly used to distill home grown marijuana. Other states that have legalized growing have seen an increase in butane explosions. The resolution passed by the Lee's Summit City Council places an administrative hold on all applications for planning, development and businesses for medical marijuana until Aug. 3, 2019. There is the potential to extend the hold. City staff is busy preparing the necessary code changes. Staff will also spend the next several months monitoring rules coming from Health and Senior Services. The Board discussed their role moving forward. The Clean Air Ordinance may need to be amended to include smoking and vaping marijuana in public places. The community needs education on the medical aspects of marijuana use. Of particular interest will be marijuana use among minors. The resolution allows marijuana use by those over 18 but also allows use by minors with parental consent. The Kansas City Medical Society is having similar conversations about their role moving forward.

VII. Planning the next steps for Healthy Lee's Summit

Dr. Kraemer and Dr. Salanski met with the mayor a couple of months ago. He mentioned his goal to establish Lee's Summit as a healthy community. He sees the project packaged and marketed a little more aggressively. Mr. McBride said that "blue zone" professionals could be brought in to assist in redesigning the community to include blue zone elements. (Blue zones are places in the world where there is a concentration of people living well into their 90s and 100s. These places are being studied to identify their common and unique elements.) It would be very expensive. Ms. Meeks said that seeking a Culture of Health Prize from the Robert Wood Johnson Foundation would be less expensive but very prestigious. Board members discussed whether a project like this might be of interest in the community strategic planning process. Mr. Edwards said that the kickoff of the process will be in January. It is expected to be quite different from LS360, taking only 4 to 5 months and utilizing the City Council as process leaders. Dr. Kraemer and Dr. Salanski will follow up with the mayor.

VIII. Media articles

Dr. Kraemer provided a list of observances for January and February. The October article was on medical marijuana. It was a letter written by the Kansas City Medical Society President. Another article on the topic had been discussed for November but Dr. Kraemer thought that it might be

better to “let the dust settle.” Dr. Kraemer wrote a list of healthy holiday tips for November/December. The tips were also distributed at the Holly Festival on the back of the fliers for the Hands Only CPR event in February. Dr. Nunemaker will provide an article related to Give Kids a Smile Day for February. Dr. Herriott will provide an article on glaucoma for January.

IX. Future continuing education topics

Ms. Meeks said that Alive and Well LS is working on their strategic plan. She suggested an update from a member of the Youth Mental Health Task Force for January or February.

X. Roundtable

Ms. Meeks recommended the “Smoke is Smoke” presentation on marijuana’s impact on clean air. She said that the presentation on youth and vaping from LS Cares and LSR-7 has been given once for students and once for parents.

Ms. Landrum mentioned the First Impact classes on teen risky driving. She said that Jackson County has administered almost 2,500 flu shots this year. With the hiring of a new full time nurse practitioner, the County is expanding their women’s health program. They are also offering more physicals for: scouts, sports, and DOT.

Ms. Canning related the life span impact of mental illness. ReDiscover has a part time physician to help clients with health issues outside of mental health. However, Dr. Charlie Singleton is retiring so they are looking for a GP or family practitioner who is interested in working 2 days per week.

Dr. Nunemaker said that Houston, MO voted against fluoridation in November. The vote seemed to confirm the strength of the anti-fluoridation groups and the undesirability of placing fluoridation on a ballot.

Dr. Herriott suggested having glaucoma screening at the Hands Only CPR event. The screening takes only a few seconds and could be set up at one table for those aged 30 and over. Glaucoma is the second leading cause of blindness in the U.S.

Dr. Salanski brought a copy of the Surgeon General’s report on the epidemic of e-cigarette use among youth. It mentions the importance of policy and prevention programs and specifically calls for the inclusion of e-cigarettes in smoke-free initiatives.

Ms. Meeks needs a volunteer to enter data from student vaping surveys. She also stated that their smoking cessation classes in the high schools have not been funded this year.

Dr. Kraemer said that in his recent presentation in Kansas City, the Surgeon General discussed a population data approach to healthy communities programs. Building a Healthier Jackson County will have a kick off on Jan. 17. Dr. Kraemer is the lead for the obesity subgroup and their presentation will include dieticians, the city’s traffic engineer, and a representative from Bike Walk KC.

XI. Adjournment – 8:29 p.m.

MISSION STATEMENT:

In collaboration with the City of Lee’s Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.