



HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, April 25, 2019

I. Call meeting to order

The Health Education Advisory Board (HEAB) meeting was called to order at 6:37 p.m. by Dr. Ed Kraemer in the Administration Board Room at John Knox Village.

Members Present

Dr. Edwin Kraemer
Dr. Steve Salanski
Tammy Landrum
Rodney McBride
Cherl Orr
Karna Stuchlik
Rhonda Canning
Monica Meeks

Staff

Chris Clubine
Colene Roberts

Guests

Craig Faith
Hilary Graves
Teri Hansen
Doug Hansen

II. BeSMART presentation

Hilary Graves introduced herself and explained how she first began attending Moms Demand Action for Gun Sense in America meetings. It is an all-volunteer nonprofit that lobbies for changes in legislation and runs the BeSMART program. The organization is data driven. Ninety-six Americans are lost to gun violence every day. Firearms are the second leading cause of death for American children (ages 0-17). It's the leading cause of death for children in the African American community. This includes firearm suicides and unintentional shootings. Missouri is ranked sixth in the country for firearm deaths. The number of children living in homes with unsecured, loaded guns is 4.6 million. Ninety percent of unintentional shootings happen in a home. The most likely victims of unintentional shootings are children ages 2-4. Seventy-eight percent of school shooters (under 18) got the gun they used from a family member. The goal of BeSMART is to promote responsible gun ownership. The program is presented to community groups and schools. SMART stands for Secure, Model, Ask, Recognize, and Tell. All guns should be secured by locking them with trigger locks, locking in a gun safe, or locking the guns and ammunition in two separate safes. Adults should model responsible behavior with guns. Research shows that providing children with gun safety information is not enough. The responsibility should be on adults, not children. Parents should ask about unsecured guns in other homes where their children will be playing. Those conversations should be as common as other child safety issues like allergies, swimming, or car seats. The role of guns in suicide needs to be recognized. Most people who attempt suicide do not die...unless they use a gun, then 85% of attempts result in death. Seventeen percent of high school students say they have seriously considered suicide within the past year. Tell your peers to BeSMART! Volunteers share the message at presentations and tabling events. They hand out gun locks. Social media ads are also used. HEAB members suggested putting BeSMART information on the City's cable channel or including it in the "one small thing" program. Dr. Salanski suggested an article on BeSMART and Ms. Graves offered to write something.

III. Lee's Summit School District Health Services Department

Ms. Orr introduced Teri Hansen, Lead Nurse for LSR7. Ms. Hansen provided a presentation of district

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health services data. The Health Services Department utilizes school nursing standards of practice. Students are at the center, with emphases on care coordination, leadership, community/public health, and quality improvement. The District has 16 RNs, 22.5 LPNs, and 18 health room clerks. Services are provided to 27 health rooms, Hilltop, and Summit Technology Academy. Three years of statistics were provided.

	Aug-Feb 2016-17	Aug-Feb 2017-18	Aug-Feb 2018-19
Health room visits	76,721	72,610	67,506
Students back to class	68,596 (90%)	65,711 (91%)	61,237 (91%)
Medications administered	40,572	32,398	31,066
Treatments	19,968	18,440	18,784
Health screenings	17,626	16,429	18,784
Staff visits	3,226	1,736	830
911 Calls	32	16	20

Student health concerns, as reported by parents, include food allergies, asthma, cardiovascular disorder, diabetes, gastrointestinal disorder, special meals, psychological disorder, and seizures. These totaled 24,456 for 2016-17, 21,747 for 2017-18, and 23,546 for 2018-19. Psychological disorders are up by almost 1,000 this year. Mental health diagnoses totaled 4,232 for 2016-17, 3,156 for 2017-18, and 3,930 for 2018-19. These include ADHA, anxiety, bipolar disorder, depressive disorder, eating disorder, OCD, ODD, and PTS, as reported by parents. There is a large medically fragile, special needs population at LSR7.

The department goals for next school year include implementing new vision screening procedures, continuing to update their asthma care management, developing policy/procedure for Narcan, and developing procedures regarding sharing mental health diagnoses.

IV. Approval of March 28, 2019 meeting summary

The meeting summary was approved.

V. Public comments

None.

VI. Stop the Bleed event

Dr. Salanski suggested reviewing available dates at the next meeting. Grant funding may be available. Ms Canning recommended making BeSMART material available at the event.

VII. Board vacancy

Dr. Kraemer and Dr. Salanski discussed Board appointments with the Mayor recently. Councilmember Faith offered to follow up. There are currently two vacancies. Julie Pryor could provide a list of Board members with terms expiring soon. Ms. Meeks noted that she supports continuing the representation model that the Board currently uses.

VIII. Media articles

Dr. Kraemer provided a list of observances for June and July. He said that two articles are currently in the works: preventing sexual assault for April and trauma informed care for the lay person for May. Ms. Orr suggested moving Andy Campbell's article to the summer, after school ends. The May article could be Ms. Graves' article on the BeSMART program.

IX. Future continuing education topics

Dr. Kraemer suggested inviting Andy Campbell to present in June. He also noted Dr. Nunemaker had previously offered to invite Keri Ingle to a meeting this summer. Councilmember Faith will give a presentation on EMS at the May meeting. Ms. Meeks will speak to Andee Carr and Jenifer Martin about a presentation on sexual assault prevention.

X. Healthy Lee's Summit

Dr. Kraemer presented a draft of an updated Healthy Lee's Summit overview, using the tag lines "Educate!" and "Connect!" There are three focus areas: Physical Health, Mental Health, and Community Health. Under physical health, there is youth education on healthy eating and active living, access to affordable healthy food, and opportunities for physical activity. Under mental health, there is trauma informed care, suicide prevention, and mindfulness. Under community health, there is spirit of community, safety (including distracted driving, firearms, drugs and alcohol), clean air, access to health care, Hands Only CPR, Stop the Bleed, health screenings, and economic health. The Board had a brief conversation about social capital and its relationship to community health. LS Ignite had two meetings this week. One of the goals discussed at those meetings was "community health and well-being."

XI. Roundtable

Ms. Orr mentioned an article from the National Association of School Nurses that connected seizures to vaping due to the toxicity of nicotine that is swallowed while vaping.

Ms. Landrum brought information on a class on understanding Medicare to be held on May 11 at TMC Lakewood, free Hepatitis C screenings being offered May 1 to June 30, and HB711. The Missouri Immunization Coalition would like to see the bill defeated. It states that children with immunization exemptions cannot be restricted from going to school even though schools can't restrict them now. If the bill passes, health departments could still shut down a school in the case of an outbreak. Anti-vaccination groups are pushing the bill.

Dr. Kraemer said that he and Dr. Salanski attended a meeting of Independence's Health Board.

Ms. Stuchlik offered to provide a presentation on mindfulness.

Ms. Meeks said that LS Cares' Youth Mental Health Task Force has also done a lot of work on mindfulness. The showing of "Ripple Effect" is set for May 20 at 7:30 pm at B&B Theater on Douglas. Tickets are \$12. She offered posters and fliers for the drug take back event on Saturday.

Ms. Canning said that ReDiscover is adding a primary care component for clients this year. She also said that urgent care for mental health is being offered at the Raytown location.

Dr. Kraemer said that Allied Health students at Summit Technology Academy gave an excellent presentation on e-cigarettes.

XII. Adjournment – 8:52 p.m.

MISSION STATEMENT:

In collaboration with the City of Lee's Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.