



HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, January 24, 2019

I. **Call meeting to order**

The Health Education Advisory Board (HEAB) meeting was called to order at 6:35 p.m. by Dr. Steve Salanski in the Administration Board Room at John Knox Village.

Members Present

Dr. Edwin Kraemer
Dr. Steve Salanski
Tammy Landrum
Rodney McBride
Dr. Merle Nunemaker
Cheryl Orr
Karna Stuchlik
Katie Murphy
Monica Meeks

Staff

Nick Edwards
Chris Clubine
Colene Roberts

II. **Public comments**

There were no public comments. Mr. Edwards introduced the City's new Management Analyst, Chris Clubine.

III. **Approval of December 20, 2018 meeting summary**

The meeting summary was approved.

IV. **JCHD Community Health Improvement Plan (CHIP)**

Dr. Kraemer began the presentation on the Building a Healthier Jackson County initiative by recognizing all of the Board members who have been involved: Dr. Salanski, Monica Meeks, Tammy Landrum, and Karna Stuchlik. Three strategic issues were identified: mental and behavioral health; overweight and obesity; and access to affordable health care. The big kickoff for the initiative was held this month. Ms. Meeks has been working the group tasked with the mental and behavioral health issue. She presented data related to mental health in the region. Suicide is the second leading cause of death among 15 to 44 year-olds in Eastern Jackson County (EJC). Anxiety is the number one mental health diagnosis in ERs in EJC. The group hopes to address the opioid crisis and examine gaps in services. Their goal is to improve education and decrease stigma among EJC residents. Their objectives are to increase the number of first responders who have received training on responding to mental, behavioral and/or substance use crisis; increase the percentage of EJC residents who have received mental health crisis training and trauma education; and increase collaboration among families, mental health and substance use providers, and first responders.

Dr. Kraemer reviewed information related to overweight and obesity in EJC. Missouri has the 17th highest adult obesity rate. Sixty-five percent of Jackson County's population is overweight or obese. Lack of education and food insecurity are issues. The group's goals are to improve

youth education on healthy eating; increase access to affordable healthy foods; and increase opportunities for healthy activity. Some of their objectives include increasing the number of schools with active wellness committees; increasing the number of schools that incorporate education for safe walking and biking; assessing the current food environment and policies in EJC; and identifying and promoting policies to increase physical activity.

Dr. Salanski presented information on access to health care. Ten percent of EJC residents lack health insurance. Approximately 12% of EJC residents are living below the poverty level and are less likely to receive preventative care. There is a lack of health literacy and a lack of understanding of the health care system. The group's goal is to improve access to primary and specialty care. Their objectives include improving the community's capacity to navigate health coverage and increase health literacy; increase access to health services through coordination and system improvements among providers and organizations; and increasing awareness among organizations and providers regarding social determinants of health (SDoH) and health equity. Examples of SDoHs are social isolation and lack of transportation.

V. Planning the next steps for Healthy Lee's Summit

Dr. Kraemer reviewed the previously identified strategic priorities. They are grouped into three categories: safety, wellness, and public health. The Board discussed adding access to affordable health care under wellness. The mayor is interested in building a spirit of community as part of the community's overall health. The community strategic planning process is set to begin with the first meeting on Feb. 26. Board members should be prepared to discuss the goals of Healthy Lee's Summit and the data used to set those goals. The process will utilize both focus groups and online input to connect with citizens. Discussing Healthy Lee's Summit as a part of the planning initiative is a good way to build public support and drive interest.

VI. Hands Only CPR event

The event will be held on Feb. 23 at the Gamber Center. Registration is open but there hasn't been any advertising yet. Mr. Edwards will email when flyers are available for pick up at City Hall. Dr. Salanski will confirm volunteers and materials via email.

VI. Stop the Bleed event in May

The Board would like to look at available dates for the Gamber Center at the next meeting. There is no funding for this event to do t-shirts or other giveaways.

VII. Media articles

Dr. Herriott provided an article on glaucoma for January. Dr. Nunemaker wrote an article called "Baby Teeth" for February. Dr. Kraemer provided a list of observances for March and April. Ms. Meeks will find an author for an article on child abuse prevention for March and another author for an article on sexual assault awareness for April.

VIII. Future continuing education topics

Ms. Meeks said that Alive and Well LS could be presented in March or April. Ms. Roberts offered to check on a speaker on the Be SMART program for gun safety for February. Dr. Nunemaker will invite Keri Ingle to speak at the May or June meeting.

IX. Roundtable

Health Education Advisory Board

Ms. Murphy has accepted a new position and must resign from the Board. She has prompted a couple of people to apply to take her place representing Lee's Summit Medical Center. She said she can continue to serve until an appointment is made. She also promised to continue helping with Hands Only CPR!

Dr. Salanski said that Bridget McCandless is retiring from the Health Care Foundation of Greater KC. He also said that the KC Medical Society will be setting priorities at their next meeting. One topic of discussion will be whether or not to support Medicaid expansion.

Ms. Stuchlik questioned whether a focus group may be needed to look into how health information can be combined from multiple sources and shared.

Ms. Meeks said that city staff will be presenting the work they did in preparation for the legalization of medical marijuana at MARC tomorrow.

Ms. Landrum reported that the Kansas City Health Department is showing "Someone You Love" on HPV awareness. Jackson County Health Department is partnering with the Sheriff's Department on "What Now," texting and driving events, scheduled for June 1 and 14.

Dr. Kraemer said that the Independence Health Advisory Board has invited himself and Dr. Salanski to attend one of their meetings.

X. Adjournment – 8:32 p.m.

MISSION STATEMENT:

In collaboration with the City of Lee's Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.