



HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, October 25, 2018

I. Call meeting to order

The Health Education Advisory Board (HEAB) meeting was called to order at 6:36 p.m. by Dr. Ed Kraemer in the Administration Board Room at John Knox Village.

Members Present

Dr. Edwin Kraemer
Tammy Landrum
Rodney McBride
Rhonda Canning
Dr. Merle Nunemaker
Monica Meeks

Staff

Nick Edwards
Colene Roberts

Guests

Meghan Senne
Kaitie Brakke

II. Public comments

None.

III. Approval of September 27, 2018 meeting summary

The meeting summary was approved.

IV. Building a Healthier Jackson County presentation

Kaitie Brakke and Meghan Senne from Jackson County Health Department provided copies of the responses provided by City staff. The information was previously shared via email. There are 57 questions taken from the CDC. The questions are broken down into categories: physical activity, nutrition, tobacco, chronic disease management, and leadership. Ms. Brakke and Ms. Senne said that they are looking for information about activity within the community. City staff gave thorough responses about city government programs but there may be more going on out in the community. They plan to reach out to a few groups in Lee's Summit. Other cities, Blue Springs, Raytown, Independence and Grandview, are participating, as well.

Lee's Summit has several programs in place to address infrastructure to encourage physical activity: Livable Streets Policy; Bicycle Transportation Master Plan; Greenway Master Plan; ADA Transition Plan for Public Rights-of-Way; Sidewalk Gap Inventory and Construction Policy; and Standards and Regulations to reduce sidewalk gaps. Dr. Kraemer said that the Livable Streets Advisory Board will be recommending more stringent sidewalk construction requirements. Neighborhoods can petition for sidewalks and be placed on a prioritized list. There is a similar process for street lights. Greenways are mostly along streets. Some parks do not have sidewalks to them. Public transportation opportunities in Lee's Summit include Amtrak, the park and ride lot for bus service into Kansas City, and transit (bus) on demand. The on-demand service is available to anyone but must be ordered in advance. There is a small fee. Dr. Kraemer said there are discussions of expanded bus routes into Lee's Summit.

The City does not address nutrition. It does not offer community gardens. There are community

gardens at John Knox Village and Summit Christian Church. ReDiscover also has a community garden for patients. There are classes on cultivation and cooking. There is a farmers market in downtown Lee's Summit. Blue Springs created a program to ensure that WIC and SNAP are accepted their farmers market. They also came up with a recognition program for restaurants offering healthy eating options. These could be areas for HEAB to address in the future. The City addresses tobacco use by having tobacco free parks and facilities, and enforcing state laws regarding tobacco. Lee's Summit also passed Tobacco21. LS Cares offers youth cessation programs.

For chronic disease management, the City relies of the efforts of HEAB which revolve around education via newspaper articles and Facebook. HEAB also offers Hands Only CPR training. Although emergency services is not a category of the questionnaire, it is mentioned in a couple of responses. Mr. McBride stated that JKV has its own ambulance service but it also serves as a back-up service to the City. Ms. Meeks said that DUI stop points are no longer funded by the state.

The schools have some programs that would fall under the questions of the nutrition section. Ms. Stuchlik offered assistance in learning more about Lee's Summit R7 School District's Nutrition Council.

Dr. Kraemer stated that the citizens planning initiative (called Lee's Summit 360 in 2008) will begin again soon. That could be an excellent time to address any areas where Lee's Summit is lacking.

V. Schedule Hands Only CPR event for February

The Board agreed to hold the event on Saturday, Feb. 23, at the Gamber Center.

VI. Discussion of hosting Stop the Bleed classes

Dr. Kraemer suggested that the Board discuss the possibility of holding Stop the Bleed in conjunction with Hands Only CPR, at the next meeting. Dr. Salanski may be able to advise on whether grant funds could cover it.

VII. Media articles

The October article is on medical marijuana. It is an Op-Ed piece from the Kansas City Medical Society President. It is already online by the Journal and should be in print soon. The article was also sent to the Tribune. The Kansas City Medical Society is trying to get it printed in the Star. If a ballot issue passes, there will be another article for November. There are no commitments for a back-up November article or December article.

VIII. Future continuing education topics

Dr. Kraemer suggested foregoing a presentation for the November/December meeting. Alive and Well Lee's Summit is working on a strategic plan and may be ready for a presentation after the first of the year.

IX. Healthy Lee's Summit next steps

Dr. Kraemer and Dr. Salanski met with the Mayor. He was very supportive of HEAB's work. He mentioned a healthy community as a priority in his State of the City address.

X. Reschedule November and December meetings

Health Education Advisory Board

Board members agreed to target Nov. 29 for the next meeting and keep Dec. 6 as the back-up. The regular December meeting will be canceled.

XI. Roundtable

Ms. Meeks said that LS Cares has a Youth Mental Health and Wellness Team with 2 events coming up. On Nov. 5, they will be giving the presentation “To Be a Teen in 2018” at St. Luke’s East and Pleasant Lea Middle School. She provided copies of their “in crisis” navigational tool. She also shared materials for the Drug Take Back on Oct. 27 and the new schedule of Love & Logic and Positive Parenting Practices classes.

Dr. Nunemaker suggested keeping an eye on the fluoridation ballot issue in Houston, Missouri. It will be interesting to see the outcome. Fluoridation is not typically placed on ballots.

Dr. Kraemer participated in a Rotary panel at Unity Village to discuss medical marijuana. He and Ms. Meeks also spoke at a Kansas City Star Editorial Board function. They had representatives for each of the ballot issues, as well.

XII. Adjournment – 8:08 p.m.

MISSION STATEMENT:

In collaboration with the City of Lee’s Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.