



# HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

## HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, April 26, 2018

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**I. Call meeting to order**

The Health Education Advisory Board (HEAB) meeting was called to order at 6:38 p.m. by Dr. Ed Kraemer in the Administration Board Room at John Knox Village.

Members Present

Dr. Edwin Kraemer  
Dr. Steve Salanski  
Tammy Landrum  
Dr. Merle Nunemaker  
Rodney McBride  
Karna Stuchlik  
Lori Rodgers  
Monica Meeks

Staff

Nick Edwards  
Colene Roberts

**II. JKV-EMS-Community Paramedic Program**

Craig Faith had car trouble and was unable to attend. The presentation will be rescheduled.

**III. Public comments**

None.

Board members welcomed new member, Dr. Merle Nunemaker. Board members introduced themselves.

**IV. Approval of January 25, 2018 meeting summary**

The meeting summary was approved.

**V. Hands Only CPR event recap**

Dr. Salanski reported that attendance was good. He also stated that the volunteer trainers are always so enthusiastic that it makes the event enjoyable for all attendees. The many groups/organizations that support the events work together very well. Dr. Salanski suggested looking at dates in the fall for another event. He suggested checking on available Saturdays at the Gamber Center. There are still funds left from the grant to continue the training and since the events are still nearly full, there is still some demand to be met. There was a lot of interest in AEDs so it would probably be good to include them again. Many trainers are asked about performing CPR on children. Drs. Kraemer and Salanski will look at adding some information on responding to children in distress to their introductory presentation. There was also a suggestion to include some kind of a handout on resources for American Heart Association Heartsaver and Basic Life Support training, including specific pediatric resources.

**VI. Update on presentation to City Council regarding marijuana**

The presentation to the City Council was very well received. The City Council unanimously passed a resolution directing staff to draft ordinances in case the State of Missouri legalizes medical or recreational marijuana use. Ms. Meeks said that HB1554 on medical marijuana is moving through the House but it is late in the session so it may not come up in the Senate. There are ballot petitions circulating. Signatures are due in May. It appears that at least one of them will have enough signatures to make it on to the ballot in November. Dr. Salanski said that the Board can continue its efforts to educate the community on the health effects of marijuana. An article on that topic may be helpful closer to the election. Ms. Meeks said that LS Cares is going to use some education funds to take video of the presentation and create clips of it to use on social media.

### **VII. Healthy Lee's Summit**

The Healthcare Foundation of Greater Kansas City is continuing a listening campaign around the region. The Jackson County Health Department is continuing to work with various partner organizations on the Building a Healthier Jackson County initiative. Ms. Landrum has joined the committee on access to affordable healthcare. At their first meeting, they discussed the meaning of "access to affordable healthcare" and created their goal. In the future, they will be discussing obstacles like transportation and cultural diversity. They will also be compiling data on all available resources. Dr. Kraemer said that the three other committees are meeting as well. He has joined the committee on obesity. Members for the committees are still needed if any Board members would like to join. Dr. Salanski said that the Kansas City Medical Society also has a community health initiative. He reported that in order to address distracted driving in Lee's Summit, Research Medical Center will be giving their program on the topic to all LSR7 driver's education classes this summer.

### **VIII. Media articles**

Ms. Landrum had an article on HPV and cervical cancer prevention. Ms. Meeks had an article on youth substance use, including marijuana, alcohol and vaping. Dr. Kraemer provided a list of observances for May, June and July. The Livable Streets Advisory Board also does monthly newspaper articles. Ms. Rodgers offered to provide an article on COPD or lung disease for June. Mr. McBride offered to provide an article in honor of National Senior Health and Fitness Day on May 31. Ms. Stucklik suggested an article on kids and pets in hot cars, or rerunning Ms. Orr's article on summer safety from last year. Board members agreed that the article could be used again.

### **IX. Future continuing education topics**

The presentation on the paramedic program will be rescheduled. Mr. McBride suggested revisiting the issue of e-cigarettes soon. Dr. Salanski agreed that there is enough new data from LS Cares and LSR7 on student use, in addition to community survey results, to warrant another request to add e-cigarettes to the Clean Indoor Air Act.

### **X. Roundtable**

Dr. Nunemaker said that he is working on gathering information on fluoride in public water. Lee's Summit buys water from Kansas City and Independence. Kansas City water has fluoride but Independence water does not. He would like to make a push for adding fluoride but is trying to gather data on how that would be done. There are large, nationally-organized groups

opposed to fluoridation but the community health survey shows support for it.

Ms. Landrum reported that Jackson County is working with the state to provide paint-on fluoride for kids. In May, the County will be offering free Hepatitis C screenings. It is sponsored by Truman Medical Center, as part of a grant.

Dr. Salanski stated that the Kansas City Medical Society has a new initiative to teach lay people how to stop bleeding, called Stop the Bleed. They are starting by training the trainers but will soon be able to start matching trainers with organizations who want training.

Dr. Kraemer said that the Independence City Council defunded their Health Department.

Independence's HEAB counterpart is interested in meeting to share ideas. Ms. Landrum said that the County has had to increase their staff to pick up for the loss of services in Independence.

Ms. Roberts said that she recently joined the group Moms Demand Action for Gun Sense in America. They offer the Be SMART program that provides gun safety education in LSR7.

Ms. Meeks provided information on the drug take-back event scheduled for Saturday. She mentioned First Call's community assessment on the perceptions of drug use in Jackson County. She has joined the Alive and Well Resiliency Committee, the Lee's Summit Chamber of Commerce's committee on mental health and wellbeing.

**XI. Adjournment – 8:22 p.m.**

**MISSION STATEMENT:**

*In collaboration with the City of Lee's Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.*