



# HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

## HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, September 28, 2017

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**I. Call meeting to order**

The Health Education Advisory Board (HEAB) meeting was called to order at 6:35 p.m. by Dr. Ed Kraemer in the Administration Board Room at John Knox Village.

Members Present

Dr. Edwin Kraemer  
Dr. Steve Salanski  
Monica Meeks  
Tammy Landrum  
Katie Murphy  
Karna Stuchlik  
Rodney McBride  
Cheryl Orr

Guest

Rachel Segobia

Staff

Jack Feldman  
Colene Roberts

**II. Public comments**

There were no public comments.

**III. "Parent University" presentation by Lee's Summit Cares Executive Director, Rachel Segobia**

Rachel Segobia provided survey results from a Parenting Needs Assessment conducted at Oktoberfest. Parents want online resources. They often cite busy schedules as a reason for not attending classes and workshops but still say that evenings and weekends are the best time to schedule the events. Some of the topics that they are interested in include: maintaining relationships, typical development, anxiety & stress, communication, healthy meals, budgeting, positive discipline strategies, and special needs. Lee's Summit CARES has partnered with MADD to offer a webinar on talking to teens about alcohol. They are looking for additional programming partners. Dr. Salanski suggested providing a link to the Parent University information on the HEAB Facebook page. Lee's Summit CARES promotes Parent University through the schools and they utilize local experts for their programs. Their biggest hurdle is getting people to register.

**IV. Approval of August 24, 2017 meeting summary**

The summary was approved with a name correction: Baptist Trinity Lutheran Legacy Foundation.

**V. Board Vacancy**

Dr. Salanski reported that past Board member Dr. Nick Dane recently contacted him about a presentation on oral health. The Board is still interested in finding a representative from dentistry or physical therapy. Mr. Feldman provided copies of applications. There are only a couple applications that are new.

**VI. Draft City Council presentation**

A date has not been set for the presentation. Drs. Kraemer and Salanski will present. It will begin with an overview of HEAB, including the Board's history and mission. The Board was created in 2001, worked on the Clean Indoor Air Act of 2006, created the Livable Streets Policy of 2010 and the Livable Streets Advisory Board through LS360, established the MetroCARE partnership, began Hands Only CPR training events with grant funds, partnered with ReDiscover for grant-funded training courses on mental health first aid, and worked with Jackson County on the Health Needs Assessment in 2015 and 2017. Six priorities were identified from the 2015 Assessment: obesity, distracted driving, alcohol and drug use, tobacco use, mental health, and firearms safety. The results of the 2017 Assessment came out this week and the top three issues remain the same. The Board worked on the Tobacco21 Initiative in 2016 as part of a larger campaign that was being formed, called Healthy Lee's Summit. The campaign is divided into three areas: safety, covering distracted driving and firearms; wellness, covering obesity and mental health; and public health, covering drug and alcohol abuse, tobacco, and hands-only CPR training. The many partnerships in place will be highlighted, along with some other keys to success. The Board has worked hard to identify community needs and issues, research facts, ask what is good for Lee's Summit, bring together passionate and talented people, and educate citizens through print and online articles, as well as social media. Board members suggested including the use of the LS Livable Streets Policy as a model for other communities, and keeping a copy of the presentation as an orientation for future Board members. The presentation will likely be put on a City Council work session agenda on the second Thursday of November or December.

**VII. Hands Only CPR events for November and February**

The November event is set for Nov. 18 at the Gamber Center. Dr. Salanski suggested finalizing the details at the October meeting. He will check on the Baptist Trinity Lutheran Legacy Foundation logo for the t-shirts. Mr. Feldman will check on February dates at the Gamber Center.

**VIII. Future continuing education topics**

Ms. Landrum will arrange for a presentation on the results of the Jackson County Health Needs Assessment for the October meeting. Ms. Meeks mentioned a presentation on research into student drug use and perceptions of harm. High school principals will be seeing the presentation in November. Dr. Kraemer suggested changing the November meeting date due to the holiday. The Board discussed holding the November meeting on Nov. 30 and canceling the December meeting.

**IX. Media articles**

Dr. Kraemer said that an article on alcohol use is planned for October and firearms safety is planned for November. The September article on preventing youth suicide went out recently. Board members were interested in an article on impaired driving for December so an author will be needed.

**X. Roundtable**

Ms. Stuchlick mentioned a clinical forensic care program for assault victims, that is conducted in

collaboration with first responders.

Ms. Orr said that the nurses have been successful in making some changes to the human growth and development education program. She recommended the “Under the Surface” video on empathy.

Ms. Landrum provided information on flu clinics scheduled in Eastern Jackson County and a copy of the Maternal Child Health Resources sheet.

Mr. McBride said that Medicaid funding in Missouri is being cut and there are changes being made to eligibility. There will be a significant impact to Missouri’s older citizens.

Mr. Feldman said that a survey was conducted as part of the City’s Community for All Ages initiative and data is available.

Dr. Kraemer asked if Lee’s Summit schools will be participating in the national walk and bike to school day on Oct. 4. Lee’s Summit schools usually schedule around late-start Wednesdays and not every school participates.

Dr. Salanski shared information on the prescription drug monitoring program created by executive order in Missouri. It monitors for prescription patterns from physicians but does not allow physicians to look for patient abuse. The KC Medical Society opposed the program.

**XI. Adjournment – 8:28 p.m.**

**MISSION STATEMENT:**

*In collaboration with the City of Lee’s Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.*