



# HEALTH EDUCATION ADVISORY BOARD LEE'S SUMMIT

## HEALTH EDUCATION ADVISORY BOARD ACTION LETTER

Thursday, January 26, 2017

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**I. Call meeting to order**

The Health Education Advisory Board (HEAB) meeting was called to order at 6:38 p.m. by Dr. Ed Kraemer in the Administration Board Room at John Knox Village.

Members Present

Dr. Edwin Kraemer  
Dr. Steve Salanski  
Cheryl Orr  
Rodney McBride  
Monica Meeks  
Sara Walz  
Karna Stuchlik

City Council

Diane Seif

Staff

Nick Edwards  
Jack Feldman  
Colene Roberts

**II. Public comments**

There were no public comments.

**III. Approval of December 15, 2016 meeting summary**

The summary was approved with one small change.

**IV. Update on CPR training event Feb. 18**

Mr. Feldman brought posters for the event. The Parks Department and other City departments are displaying posters. Board members were asked to distribute copies. Banners and handouts on the event should be ready at City Hall by Tuesday or Wednesday. Mr. Feldman will email when they are available for pick up. Ads will run in the Tribune and Journal. Handouts will be available at Parks Department events and information will be placed on their website. Dr. Salanski asked Board members to confirm via email how many mannequins and volunteers they are able to lend. Mr. Feldman will check with the Fire Department to confirm attendance. There are three time slots again: 9:00am, 10:00am, and 11:00am. Set up will begin at 8:00am. Drs. Salanski and Kraemer will review the PowerPoint presentation used previously but it shouldn't need any changes.

**V. Healthy Lee's Summit campaign**

Dr. Kraemer provided an updated list of initiatives. The list includes priority items, items completed, and items in progress. The City Council has asked for a group to look at how the City will need to prepare if the legal status of marijuana use is changed. Volunteers are needed for a Task Force. There can be a maximum of five members from HEAB. So far, Dr. Salanski, Dr. Kraemer, and Ms. Meeks have volunteered. There will be regular meetings to work on the issue and several City staff members will attend. Mr. McBride and Ms. Orr are interested in participating, if their schedules allow.

Since the Shape Up program is addressing the number one issue identified by the survey,

obesity, Dr. Kraemer suggested looking more closely at the second issue, distracted driving. Ms. Walz suggested that firearms safety might also be a timely topic. Ms. Meeks suggested updating the list to reflect action already taken under the drug and alcohol abuse heading. She suggested that the drug take back program helps to address access to opioids and the proposed prescription drug monitoring program in Jackson County could help even more. Mr. Edwards asked if the Board was interested in approaching the City Council to add opioid abuse prevention to their legislative priorities. The City utilizes a lobbyist to pass along support or opposition on issues to the State legislature.

The Board discussed the need for additional education on firearms safety. Ms. Meeks offered to find out if Combat could provide trigger locks for a future event giveaway.

Dr. Kraemer suggested working on identifying stakeholders for a meeting on distracted driving education. Ms. Meeks suggested LSHS Smart Club members, LS Police and Missouri Highway Patrol.

Copies of the Shape Up newsletter were shared. Mr. Edwards will coordinate getting Board members subscribed to receive the newsletter via email. Shape Up LS is looking for success stories for future newsletters.

**VI. Future continuing education topics**

Mr. Feldman will check with the Police Department and Frontier Justice on identifying potential gun safety speakers for a future meeting. Eating disorders will be presented at the February meeting. Ms. Meeks has a speaker on trauma informed care for the March meeting.

**VII. Media articles**

There will be an article marking the tenth anniversary of the adoption of the Clean Indoor Air Act. Ms. Orr has arranged an article on eating disorders for March.

**VIII. HEAB Facebook page update**

Ms. Stuchlik has posted links to the recent articles in the Journal. She will alternate posting links to the Journal and the Tribune when the same article appears in both.

**IX. Roundtable**

Councilmember Seif will share HEAB activities during the roundtable portion of the next City Council meeting. She suggested that the Board give a presentation on the Healthy Lee's Summit campaign. Mr. Edwards will look at upcoming agendas and bring back some potential dates. Mr. Edwards said that the City will have a couple of items on the ballot in April and would like some time on a future agenda for a brief presentation on those ballot issues.

Ms. Meeks stated that St. Luke's East and Lee's Summit Police Department are getting permanent drug disposal boxes. There are already three others in Lee's Summit: Lee's Summit Medical Center, Sherriff's office and John Knox Village (private). Collections from those boxes have been much greater than expected. Ms. Stuchlik will share this information on Facebook as soon as it is posted to the LS Cares website.

Ms. Meeks also listed the current proposed legislation regarding marijuana. The change to the law regarding marijuana possession that was made in 2014 has now gone into effect.

**X. Adjournment – 8:02 p.m.**

## Health Education Advisory Board

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### MISSION STATEMENT:

*In collaboration with the City of Lee's Summit we will promote and advocate personal and community health by assessing health issues and resources, educating the public and appropriate government agencies, developing plans to address health issues, encouraging public/private partnerships and evaluating our outcomes.*