



WELLNESS COMMISSION LEE'S SUMMIT

Wellness Commission Action Letter

Monday, March 4, 2024

1. Call to Order

Chair Craig officially called the meeting of the Wellness Commission to order at 6:31 p.m. in the Strother Conference Room at City Hall, 220 SE Green St.

2. Roll Call

Members Present

Chair Craig
Vice Chair Goodrich
Commissioner Brandhorst
Commissioner Denny
Commissioner Evans
Commissioner Hubbard
Commissioner Kraemer
Commissioner Nolke
Commissioner Salanski
Commissioner Silvers
Commissioner Wichman

Staff Present

Susan Barry
Christal Kliewer Weber
Cynthia DeShazo

Absent

Commissioner Vestweber

Special Guest

Lauren Palmer, Director of Local Government Services, Mid-America Regional Council (MARC)

3. Public Comment

None.

4. Approval of the Agenda

A motion was made by Commissioner Denny, seconded by Commissioner Kraemer, to approve the agenda as posted. The motion carried by a unanimous 11-0 vote (Commissioner Vestweber absent).

5. Approval of the Feb. 7, 2024 Action Letter

A motion was made by Commissioner Nolke, seconded by Commissioner Hubbard, to approve the Action Letter of Feb. 7, 2024. The motion carried by a unanimous 11-0 vote (Commissioner Vestweber absent).

6. Develop Work Plan for Commission Priorities, Lauren Palmer (MARC)

Ms. Lauren Palmer, Mid-America Regional Council (MARC) revised and presented the work plan with four main objectives. The first is to engage local health providers and stakeholders with knowledge or resources in wellness in order to understand existing data and report community needs. The second is to define wellness and how the commission could support recommendations to impact community change. Commissioner Kraemer suggested visiting the website Healthy People 2030, <https://health.gov/healthypeople>. The third objective is to determine accountability to the livable street policy. Commissioner Salanski noted the commissioners will need to analyze the Jackson County Public Health report card for the Lee's Summit community, and then assess Lee's Summit's community assets and how they align with the Eight Dimensions of Wellness. Then the commissioners hope to define a healthy, well community. An action item under this category is to update the Livable Streets policy in order to incorporate and update essential functions of the Livable Streets Advisory Board into the current Wellness Commission. The fourth and final objective is to develop a central location for all Lee's Summit Wellness resources. In order to achieve these goals, the commissioners would like to meet monthly, with the next meeting coming up in April on a date to be determined.

7. Discuss Presentation to Council

April 23, is the date for the Wellness Commission to present to the Mayor and Council. Both the Cultural Commission and Wellness Commission will be presenting that night, and each is allotted 30 minutes. Ms. Palmer suggested to make more of an impact by presenting their objectives, along with a brief description of commissioners' backgrounds and expertise in the fields of health and wellness.

8. Discuss Jackson County Health Data

Jackson County Public Health has been invited to present the Lee's Summit Community Report card at the April Wellness Commission meeting, pending a date that all can attend.

9. Roundtable

Commissioner Silvers shared several church events for March. Commissioner Evans shared information on the Student Wellbeing Summit, sponsored by the Lee's Summit Educational Foundation from 5:30 to 8:30 p.m. on March 27. Commissioner Wichman noted that it is nice to see people out using area trails and parks with the nice weather lately. Commissioner Salanski noted much work with the State of Missouri and there are opportunities for the City to be involved, such as an Eastern Jackson County program on behavioral and mental health. Commissioner Kraemer mentioned the Tobacco 21 Law that the House will vote on soon. Commissioner Nolke mentioned her group is looking for host families for exchange students, if any interest to please speak with her. Vice Chair Goodrich informed the group he will be leaving due to an employment opportunity elsewhere. Chair Craig mentioned she recently attended a youth mental health forum, and another will be coming up at 6:30 p.m. on April 22, and is sponsored by LSR7, LS Police Department, ProDeo and others at the Missouri Innovation Campus. She invited anyone to attend.

Ms. Susan Barry, City Traffic Engineer, shared the existing and upcoming road closures near the downtown core. Ms. Kliwer Weber noted that patrons using AmTrak can now take bicycles onboard and to please get the word out to the cycling community. AmTrak is also trying to get

three trains funded to run out of Lee's Summit for the upcoming World Cup, and a contest is coming up to name a new station mascot in the City, which will be announced in May.

10. Adjourn

Chair Craig adjourned the meeting of the Wellness Commission at 8:08 p.m.