

2017 State of the Youth

YOU Make a Difference.

OUR MISSION: Lee's Summit CARES is a non-profit community coalition dedicated to preventing youth substance use and violence, empowering positive parenting and promoting exemplary character.



LEE'S SUMMIT



Drug & Alcohol Prevention Bully & Suicide Prevention Parenting Education Character Education

YOU Make a Difference.

We ask youth: what are the things that help you succeed and make healthy choices?

Data from Search Institute (April 2017) &

Community Focus Groups (fall 2017)

Search >

40 Developmental Assets

1,275 8^{th,} 10th, 12th graders in LSR7 schools were surveyed in April 2017.

WHAT ARE ASSETS?



Support



Empowerment



Boundaries & Expectations



Constructive Use of Time



Commitment to Learning



Positive Values



Social Competencies



Positive Identity

WHY DO WE CARE? The more assets young people experience across the contexts of their lives, the more likely they are to:

- Be healthier, safer and more caring;
- Do better in school;
- Be prepared for post-high school education and careers;
- Contribute more to their communities and society; and

• Avoid high-risk behaviors, such as violence and substance use.

Sample questions (58 Total)

Check If item is true: not at all, sometimes, often, almost always

Feel good about myself

Build friendships with other people

Do my homework.

|...

Seek advice from my parents

Think it is important to help other people

Feel safe at school

I have.....

A safe neighborhood

Parent(s) who try to help me succeed

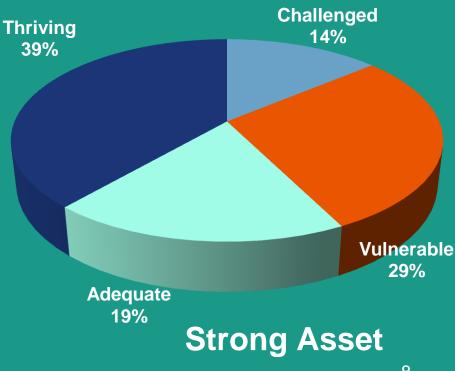
A school that cares about kids and encourages them

Support from adults other than my parents

Friends who set good examples for me



Support Young people need to be surrounded by people who love, care for, appreciate and accept them.





Support

FOCUS GROUP THEMES

- Strong parent support
- Need for outside supports
- Peer influence
- Vulnerable and hard-to-reach youth
- Mentors



Challenged

13%

Boundaries and Expectations Young people need Thriving 35% clear rules, consistent consequences for breaking rules, and encouragement to do their best. Adequate 21%

Moderate Asset

Vulnerable 31%



Boundaries and Expectations

FOCUS GROUP THEMES

- High achieving community
- High levels of stress and anxiety
- Difficulties finding balance
- Need for family resources



Commitment to Learning

Young people need a sense of the lasting importance of learning and a belief in their own abilities.



Moderate Asset



Commitment to Learning

FOCUS GROUP THEMES

- Positive and negative teacher impact
- Engaging instruction
- Career path pressure
- Shadowing and vocational programs
- Social media distraction



Positive Identity Young people need to believe in their own self-worth and to feel that they have control over things that happen to them.





Positive Identity

FOCUS GROUP THEMES

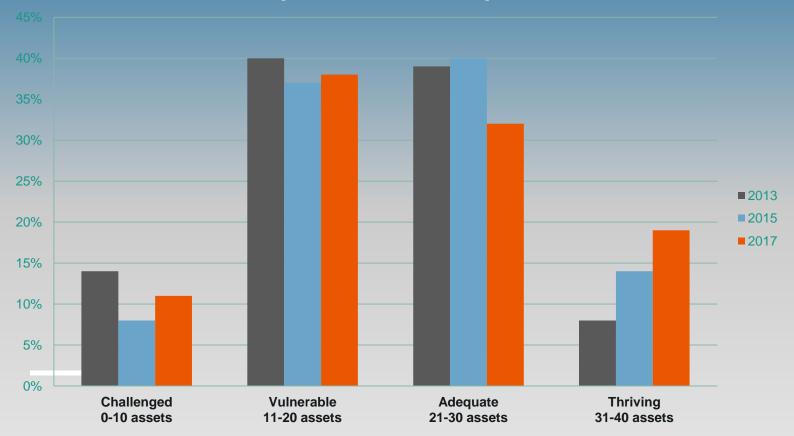
- Misguided expectations
- Low self-esteem as norm
- Comparisons to social media
- Negative self-talk
- Isolation and marginalization of minorities

Search INSTITUTE 40 Developmental Assets

General Themes

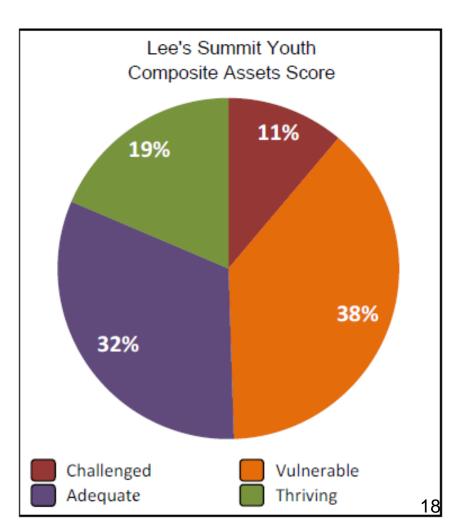
- High empowerment and support
- Low constructive use of time and positive identity
- Assets decline with age
- Females report more assets than males
- Some groups report the fewest supports

Composite Score Comparison

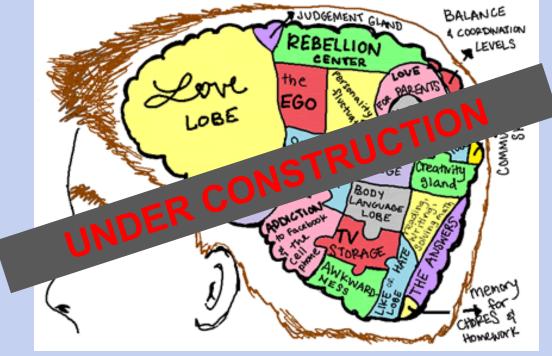


Why do teens engage in risky behaviors?

- Stressors from school, work, homelife
- Fitting in
- Escaping anxieties or fears
- Disengaged



Why We Care



Substance Use Data

First Time Alcohol Use in Missouri

QUESTION



On average, at what age does a child take their first drink of alcohol?

First Time Alcohol Use in Missouri

QUESTION



On average, at what age does a child take their first drink of alcohol?



First Time Marijuana Use in Missouri

QUESTION



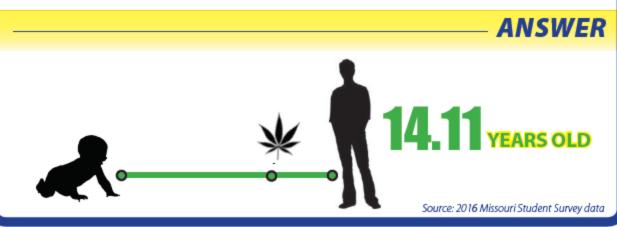
On average, at what age does a child first try marijuana?

First Time Marijuana Use in Missouri

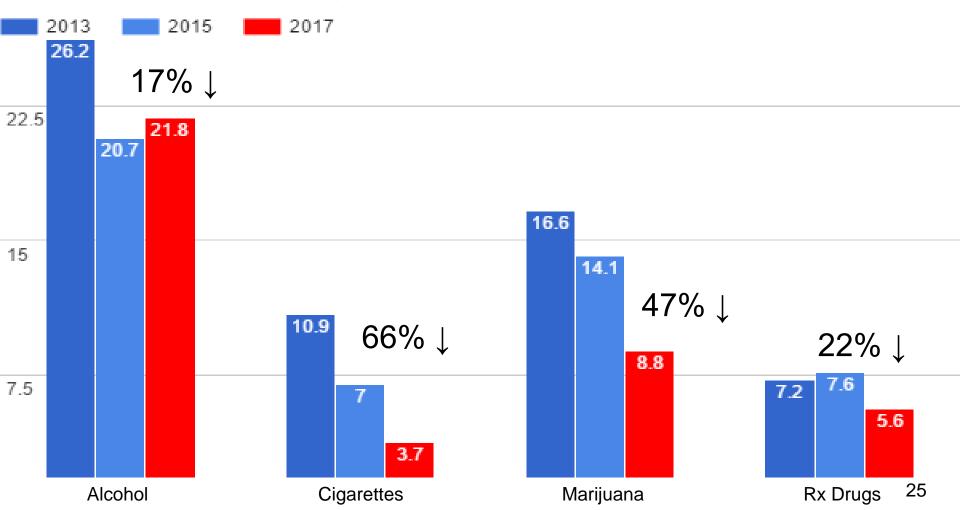
QUESTION



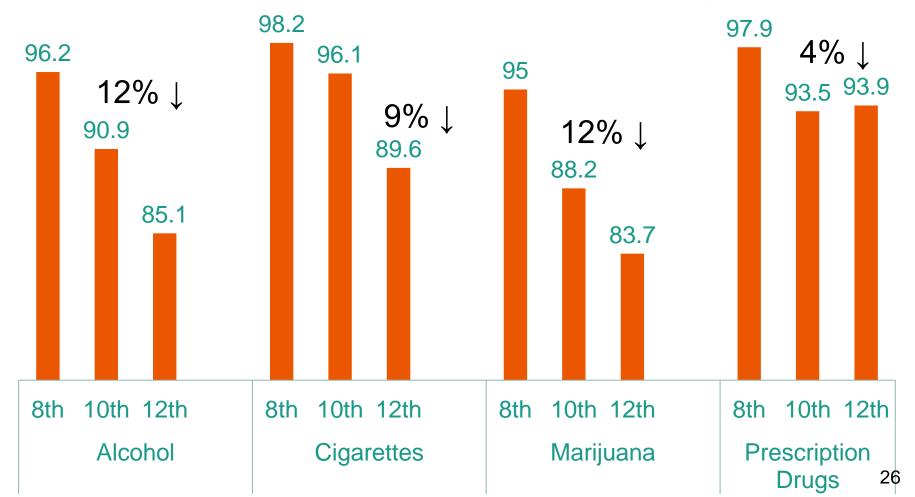
On average, at what age does a child first try marijuana?

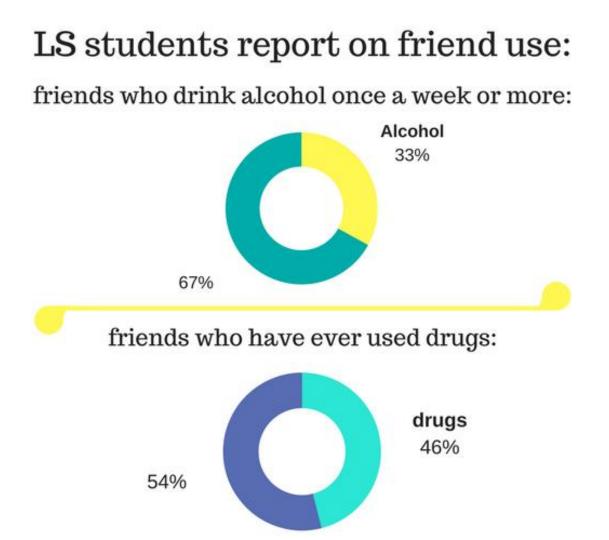


5 Year Fluctuation of Past 30 Day Use



2017 Perception of Parental Disapproval (in %)



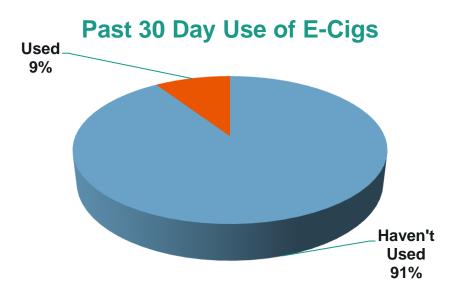


% of LS students who have been to a party where kids were using: Drugs Alcohol 25% 30% 70% 75%

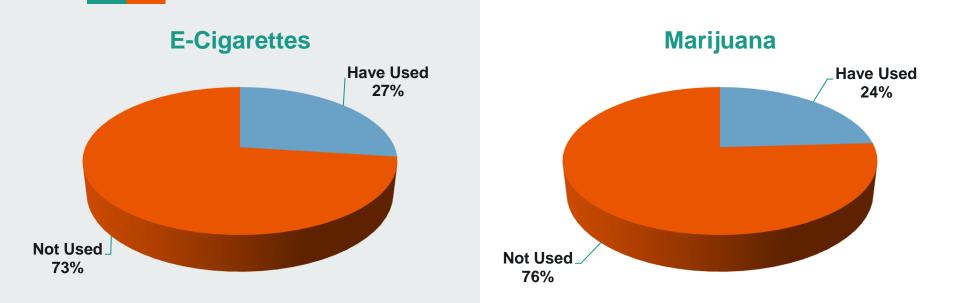
under the influence of **alcohol or drugs** in the last year







Use Triples



2016 Underage Alcohol Enforcement

Provided by LSPD

2016 Underage Alcohol Enforcement

- 78 Minors in Possession of Alcohol
- 2 Social Host Ordinance violations
- 22 Alcohol Retailer Compliance Check violations

Note: Lee's Summit youth are also traveling to surrounding communities to access alcohol.

2016 Sex Offenses Against Youth

Provided by LSPD

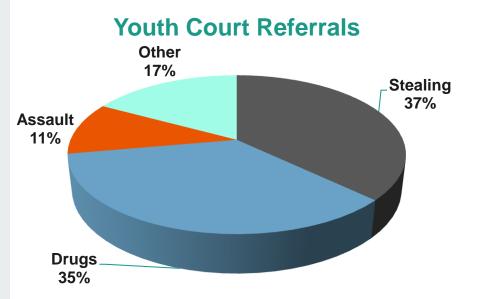
2016 Youth Victims of Sex Offenses

- Approx. 200 youth, ages 11 16
- Offense reported about every two days
- Most incidents involve 11 year old youth
- Frequently occur during summer months

Note: Only about 1 in 3 sexual offenses are reported.



Provided by LSPD



2016-2017 Substance Related Suspension Data

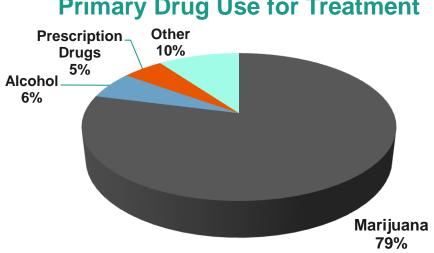
Provided by LSR7

Other Reasons 43% Over-Counter Medicine 4%

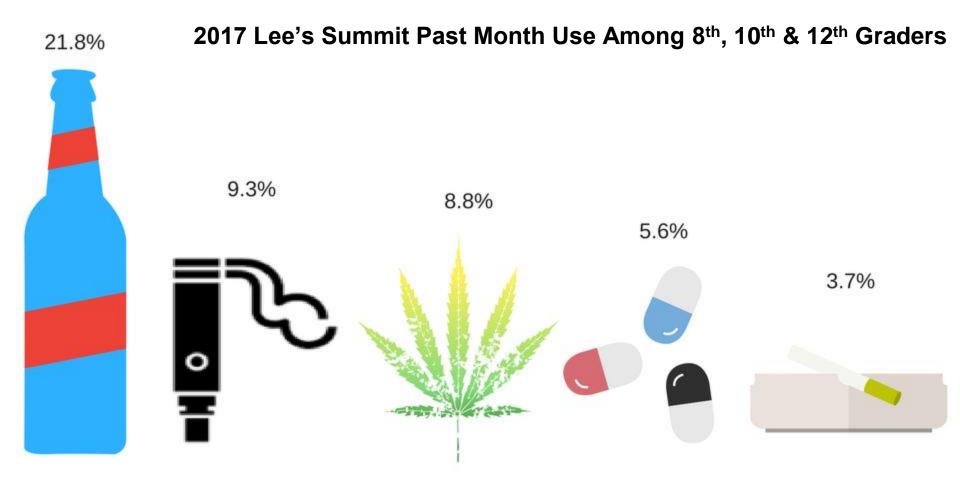
2016-17 Suspensions

2016 Treatment Data

provided by Preferred Family Healthcare



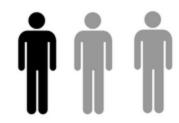
Primary Drug Use for Treatment



LS students grade 8-12 who used alcohol in the last month



LS students in grade 12 who used alcohol in the last month



33%

8th Grade

12th Grade



Less than half (44.7%) of 12th graders perceive marijuana to be harmful

Do You Bend or Break?

RESILIENCE



How can adults support youth?

Suggestions from Search Institute

- Open communication
- Support disconnected youth
- Consistent messages through teen years
- Recognize personal best
- Offer parent and family resources
- Focus on mastery, not memorization
- Identify mentors
- Value diversity

Here's what YOU can do



Ask us for details!

Join

- Lee's Summit CARES
- LSC Business of Character
- Youth Mental Wellness/Suicide Prevention Committee

Attend

- Trauma Informed Care training
- Youth Mental Health First Aid
- Partnership to Prevent Risky Behaviors committee
- Parenting Committee

lee's summit CARES

prevention - parenting - character



• Access resources and register for classes at LSCares.org

