
From: do-not-reply@cityofls.net
Sent: Wednesday, July 3, 2024 3:36 PM
To:
Subject: Boards and Commissions Application Submission by Meredith Cantrell

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The Boards and Commissions Application from cityofls.net was submitted.

I wish to apply for: Wellness Commission

Name: Meredith Cantrell

Home Address:

Email Address:

Phone Number:

District registered to vote: District 3

Years as a resident: 4

High School Attended: Joplin High School

College Attended: Missouri State University and Purdue University

Current Employment: Saint Luke's Health System

Position Held: Population Health Strategy Consultant

Interest Response: I recently learned about the Wellness Commission through Dr. Ed Kraemer. I have been with Saint Luke's Health System for 15 years and have held a variety of positions while there, including Director of Marketing for Saint Luke's East Hospital and Director of Foundation Relations for the Saint Luke's Foundation before moving into my current position with our population health team two years ago. At Saint Luke's, population health is part of our primary care team. Our purpose is to help our patients meet their health goals and to achieve health equity, where every patient has a fair opportunity to have the best health outcome possible. As the strategy consultant, I work on programs to directly impact our patients who experience social drivers of health, such as food, housing, and transportation insecurity and social isolation. The population health team is also responsible for conducting Saint Luke's community health needs assessments and community health improvement plans. As a resident of Lee's Summit and an employee of Saint Luke's, I have a vested interest in the well-being of our community. While Lee's Summit is an overall prosperous area, there are citizens in our community who experience health inequities and have poor health outcomes. The work to improve the health of our community can't be done by one organization alone. It will take cross-sector collaboration of health care, government, community-based organizations and private business to understand the community's needs and enact programs and policies to have meaningful impact. With my role in population health, I can help the wellness commission and the city understand the health needs we are seeing in our community and the trends we are seeing among our

patients, which can help inform the focus of the commission and the work it plans to carry out. I also have experience building programs from conception to implementation. This past year I designed a Produce Prescription Program pilot, which is a collaboration with Saint Luke's and Kanbe's Markets to increase access to fresh produce for patients with diet-related conditions such as obesity, hypertension, and diabetes. And I'm in process of launching a transportation pilot for primary care patients in our Lee's Summit and Independence clinics.

More information on work experience can be found here: <https://www.linkedin.com/in/meredith-cantrell/>

Other Activities: I am a Zumba instructor with Lee's Summit Parks and Recreation and play violin in the Kansas City Civic Orchestra.

Do you have a demonstrated interest, competence of knowledge in history, humanities, fine art, performing art, public art, natural resources, or cultural resources:

Please elaborate on above:

Do you have experience as a/an:

Please elaborate on above:

Are you a representative of a governmental entity, not-for-profit organization, service agency, organizational alliance, or other group whose mission and purpose is to meet the many health and wellness needs of the residents of Lee's Summit: Yes

Please elaborate on above: As stated above, I work for Saint Luke's Health System, a non-profit health care organization serving the Kansas City region. Saint Luke's has a hospital in Lee's Summit as well as several primary care and specialty practices, convenient care, and more. Our primary purpose is to provide health care and improve the well-being of the communities we serve.

Current LS Boards: None

Term(s) Expires:

Past LS Boards or other community: None

Other Interests:

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