

Julie Pryor

From: Webforms@cityofls.net
Sent: Wednesday, May 7, 2025 9:23 AM
To: Julie Pryor
Subject: Boards and Commissions Application Submission by Aimee Hubbard

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The Boards and Commissions Application from cityofls.net was submitted.

I wish to apply for: Wellness Commission

Name: Aimee Hubbard

Home Address: 921 NW Winterset ST, Lee's Summit, MO 64081

Email Address: aimee@kcrelationshipinstitute.com

Phone Number: 507-202-4793

District registered to vote: District 3

Years as a resident: 4

High School Attended: Lordes High School

College Attended: University of Minnestoa

Current Employment: Kansas City Relationship Institute

Position Held: Couples Therapist

Interest Response: I believe that wellness is more than an individual pursuit, it's a public good. As a therapist, supervisor, and researcher, I bring a systems-oriented perspective to my work, grounded in evidence that shows how mental health, social connection, and community trust are deeply intertwined. Serving as Vice Chair of the Wellness Commission has given me the opportunity to help translate that research into practice, and to work collaboratively to support initiatives that make our city a place where people can feel safe, seen, and supported. I value this work because it's local, tangible, and rooted in relationship - and because I believe city leaders have a unique role to play in shaping the conditions for collective wellbeing.

Other Activities: I volunteer with the Kansas Deaf Mental Health Coalition and am always looking for ways to be engaged and support my community.

Do you have a demonstrated interest, competence of knowledge in history, humanities, fine art, performing art, public art, natural resources, or cultural resources:

Please elaborate on above:

Do you have experience as a/an:

Please elaborate on above:

Are you a representative of a governmental entity, not-for-profit organization, service agency, organizational alliance, or other group whose mission and purpose is to meet the many health and wellness needs of the residents of Lee's Summit: No

Please elaborate on above:

Current LS Boards: Wellness Commission

Term(s) Expires: May 2025

Past LS Boards or other community:

Other Interests: Outside of volunteering and my work as a couples therapist, I also enjoy running, spending time with my husband and son (who is a big fan of the amazing LS parks and playgrounds), and gardening.

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