



# WELLNESS COMMISSION

# LEE'S SUMMIT

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## ACTION LETTER

Wednesday, October 8, 2025

### 1. Call to Order

Chair Craig officially called the meeting of the Wellness Commission to order at 6:11 p.m. in the Strother Conference Room at City Hall, 220 SE Green St.

### 2. Roll Call

#### Members Present

Chair Craig  
Vice Chair Hubbard  
Commissioner Brandhorst  
Commissioner Cantrell  
Commissioner Cygan  
Commissioner Denny  
Commissioner Evans  
Commissioner Kraemer  
Commissioner Salanski  
Commissioner Wichman

#### Staff Present

Susan Barry  
Cynthia DeShazo  
Christal Kliewer Weber

#### Absent

Commissioners Nolke, Severt-Culbertson and Silvers were absent.

### 3. Public Comments

None.

### 4. Approval of Agenda

A motion was made by Commissioner Cantrell, seconded by Commissioner Cygan, to approve the agenda as posted. The motion carried by a unanimous 10-0 vote (Commissioners Nolke, Severt-Culbertson and Silvers were absent).

### 5. Approval of the August 13, 2025 Action Letter

A motion was made by Commissioner Salanski to edit two items. In Roundtable, second paragraph, the National Suicide date was Sept. 17 and to remove the international overdose date since it was not mentioned. Both items have been corrected at this time. A motion was made by Commissioner Denny to approve the amended Action letter, seconded by Commissioner Brandhorst. The motion carried by a unanimous 10-0 vote (Commissioners Nolke, Severt-Culbertson and Silvers were absent).

### 6. Committee & Task Force Reports

#### a. Public Engagement Committee

Commissioner Salanski presented that the members discussed a redesign of the Eight Spheres of Wellness, to re-brand the logo and specifically look at Lee's Summit. The group would like to expand on the definitions and present those to Creative Services for graphics. They would like to engage the public through a website, events and have partnering events, too. The committee would like to develop our

own Wellness Event, and have a date on the calendar for Sun., Feb. 22, 2026 for a Wellness Fair at the Green Street Market from 1:00 to 4:00 p.m. For this event, committee members would like to collaborate with other City groups and Commissions. Commissioner Cantrell presented a few notes for the upcoming Wellness Fair, which would include fitness classes, nutrition and health demonstrations, plus organizations they thought that might represent at this fair.

**b. Livable Streets Committee**

Commissioner Kraemer reviewed the Livable Streets policy and current UDO. A recent fatality at the intersection of Scherer and Jefferson Streets prompted discussion of multi-use paths and the dangers at intersection points. The Commissioners on the subcommittee plan to look over current standards, design, and discuss if there are any room for improvements. There is a current need for focus on safety education for cyclists and the group would like to partner with Bike/Walk KC to hold a bicycle/pedestrian safety review.

This is a very engaged, active subcommittee. The alternate has been unreachable by communication methods and the subcommittee is asking for a new appointment for an alternate. Commissioner Kraemer asked if all Commissioners on the Wellness Committee were in agreement, and all came to a consensus.

Susan Barry, City Traffic Engineer, attended the Rock Island Connectivity Trail Wayfinding meeting on Sept. 20. The study is to determine the best route(s) from the Rock Island Trail at Hartman Park to/from Downtown Lee's Summit. The City's Development Services Department received a grant for planning purposes. A future project will be needed for signs, distance markers, trail head and path designations to fill in gaps of the Rock Island Trail. The online component for public comment is still available at <https://www.makeyourdayhere.com/Facilities/Rock-Island-Trail-Update>

**c. Jackson County Public Health InCoLab Update**

Commissioner Salanski presented an update from the InCoLab meeting. Three topics high on the list around building resilient communities are mental health and housing and economic stability, supporting schools and school staff in wellness, and developing a diverse mental health workforce to serve the underserved. On Tues., Nov. 18, the Community Health Innovation Summit will be at Summit Tech from 11:30 a.m. to 3:30 p.m., showcasing work that has been done thus far involving community members. Commissioner Salanski noted KConnect is just one group, from Kent County, Michigan, making a collective impact in communities nationwide.

Commissioner Cygan mentioned the 988 crisis committee group that she attends, helping make sure students and school staff get the services they need in Eastern Jackson County.

Commissioner Kraemer presented on the InCoLab portion for healthy affordable and economic stability group. Three focus areas were proactive rental inspections, inclusionary zoning and equitable development in order to develop a model to propose to various other communities. More work is to come. Commissioner Kraemer also mentioned attending an event, part of a relatively new MARC (Mid-America Regional Council) organization on regional housing partnerships with LISC (Local Initiatives Support Corporation). There were 200 housing leaders and officials from all sectors, including City Development staff, showcasing progress addressing housing affordability and instability issues. Out of this came a newly formed coordinating council to provide strategic leadership moving forward.

**7. Next Meeting Date**

**a. October for Committees**

Sub-committees will meet in November. The Wellness Commission will meet Dec. 10, 2025. December 11 is the tentative date for all Boards and Commissions to meet at the Green Street Market, for a Holiday celebration.

**b. November Review Workplan 2026**

Nothing was discussed.

**8. Roundtable**

Race for the Future is Sat., Oct. 11 at Lee's Summit West. Ms. Kleiwer Weber requested Commissioners ponder a Blood Drive for the City, asking Commissioners to publicize and assist with local blood drives twice a year. Discussion can take place at the next meeting.

Many social wellness public events are offered on the Green Street website.

Commissioner Salanski mentioned that Commissioner Kraemer will be receiving an award Nov. 12 at an event put on by the Center for Practical Bioethics, at the Gem Theater. Topic will be Jazz, Bioethics, and the Moral Practice of Medicine.

Chair Craig noted October is depression awareness and screening month. The Pro Deo "Farm to Fable" Gala is Oct. 16. The groundbreaking for the new ReDiscover facility will be Oct. 21. This facility will provide individual and group therapy for youth. A safe Halloween Trunk or Treat will be held Oct. 24 at 6 p.m. at the ReDiscover location on Rice Road.

**9. Adjourn**

Chair Craig adjourned the meeting of the Wellness Commission at 7:15 p.m.