



# WELLNESS COMMISSION LEE'S SUMMIT

## ACTION LETTER

Wednesday, December 10, 2025

### 1. Call to Order

Chair Craig officially called the meeting of the Wellness Commission to order at 6:14 p.m. in the Strother Conference Room at City Hall, 220 SE Green St. There will not be a video recording of this meeting due to technical difficulties.

### 2. Roll Call

#### Members Present

Chair Craig

Commissioner Severt-Culbertson

Vice Chair Hubbard

Commissioner Silvers

Commissioner Brandhorst

Commissioner Wichman

Commissioner Cantrell

Commissioner Denny

#### Staff Present

Commissioner Evans

Susan Barry

Commissioner Kraemer

Cynthia DeShazo

Commissioner Nolke

Christal Kliewer Weber

Commissioner Salanski

#### Absent

Commissioner Cygan absent.

### 3. Public Comments

None.

### 4. Approval of Agenda

A motion was made by Commissioner Kraemer, seconded by Commissioner Evans, to approve the agenda as posted. The motion carried by a unanimous 9-0 vote (Commissioner Cygan absent).

### 5. Approval of the Oct. 8, 2025 Action Letter

A motion was made by Commissioner Nolke, seconded by Commissioner Denny, to approve the Oct. 8, 2025, Action letter. The motion carried by a unanimous 9-0 vote (Commissioner Cygan absent).

### 6. Committee & Task Force Reports

#### a. Livable Streets

Commissioner Kraemer noted the Commissioners focused on safety, notably bicycle/pedestrian programming, bike safety clinics and working with the public on education. Marketing public education is something the commission would like to look into. Discussions took place with Downtown Lee's Summit centering on a crosswalk campaign.

#### b. Public Engagement

Commissioner Salanski updated members that Sun., March 15, 2026, there will be a Wellness Fair from 2:00 to 5:00 p.m. Planning work has begun, there will be activities around the Eight Dimensions of

Wellness along with vendors. A passport will be available for attendees to visit each of the eight dimensions and get a stamp for participating. Commissioners are looking to redesign the City's Eight Dimensions of Wellness logo. Volunteers will be welcome to help out for this event.

#### **7. Consideration and/or selection of new alternate Livable Streets Committee member**

Alternate suggestions are being sought for the Livable Streets subcommittee as one spot appears to be vacant. The alternate can attend meetings, just is unable to vote unless there is not a quorum, then the alternate would fill in and thus be able to vote. Margaret Stockdale was nominated as the new alternate. A motion was made by Commissioner Nolke to nominate Ms. Stockdale as an alternate, seconded by Commissioner Salanski. The motion carried by a unanimous 9-0 vote (Commissioner Cygan absent).

#### **8. Roundtable**

Commissioner Salanski updated everyone that Commissioner Kraemer received the 2025 Vision to Action Award for the Center for Practical Bioethics, for his community work as part of the health advisory board.

Susan Barry, City Traffic Engineer, attended The Rock Island Connectivity Trail Wayfinding planning meeting. Topics included best routes from the trail at Hartman Park to/from Downtown Lee's Summit and identified gaps, signage needs, milemarkers. Staff is seeking grant money.

Commissioner Evans shared that the Optimist Club has been working with the Lee's Summit Chamber to discuss scholarships, educating citizens and students about scholarship availability for seniors.

Commissioner Kraemer informed everyone about a proposed ordinance on gas station drugs that was introduced to the Kansas City City Council. During the Dec. 9 Lee's Summit City Council meeting, council noted further discussions will be coming regarding vape products sold as gas stations.

Commissioner Severt-Culbertson mentioned cell phone use being banned in schools, students and education staff are noticing positive results.

Commissioner Hubbard noted marriage and licensed therapists are working with advocacy groups to focus on insurance coverage and legislative changes to help mental health be more accessible.

Commissioner Silvers shared there will be a Peace Meditation on New Year's Day at Unity on the Plaza. Also, the Greater Kansas City InterFaith Council recently held discussions centered on faith traditions and the immigrant community in this region.

Chair Craig noted the Governor's State of the State address coming up in January 2026, and mentioned sustainable funding for the 988 mobile crisis line. ReDiscover was awarded excellence in mental health, hitting the metrics in all of the eight years.

Ms. Kliewer Weber shared upcoming social wellness and events coming up at the Green Street Market. World Cup transit was mentioned, offering 15 locations. Amtrak will be adding a third roundtrip in time for World Cup events.

#### **9. Adjourn**

Chair Craig adjourned the meeting of the Wellness Commission at 7:26 p.m.