



August 23, 2017

City of Lee's Summit
Susan Wayman
Susan.wayman@cityofls.net

Dear Susan,

Thank you for choosing to partner with New Directions in 2018 to offer the Employee Assistance Program (EAP). Your commitment to your employees' health will mean a more productive, less stressful year. Employees covered by a BlueKC policy receive a discounted rate. Based upon the reported employees, your rate for the contract year is as follows:

630 BCBS covered employees at \$20.02 pepy
17 non BCBS covered employees at \$27.87 pepy
Blended rate of \$20.23 pepy.

Renewal time is the perfect opportunity to highlight some things you may consider sharing with leaders and staff, including:

A fresh, new website for employees

Help just got easier for your staff with the launch of the new EAP employee site on ndbh.com. Here, your employees and their family members can use your company code to:

- Learn to manage stress
- Get help with legal needs
- Take a health assessment
- Request an EAP counseling session online
- Start a live chat to answer benefit questions
- Download hundreds of health and life management resources

Navigation, layout, user experience and content have also been improved.

A new online portal for managers

Supervisors can visit the new EAP Manager Portal on ndbh.com using your company code and "manager" password to find the tools and resources to make their roles simpler. Here they'll find:

- Quick access to the proper steps to manage employee performance issues
- Promotional items for download and print (posters, wallet cards, etc.)
- Free monthly webinars, tip sheets and employee resources for sharing
- Quick ways to register for organizational training
- Timely articles focused on manager needs
- Steps to manage critical incidents
- Leadership resources and videos
- Stress toolkit for managers

These online tools, plus all the EAP resources you've learned to count on, can help your employees reduce stress, get physically or financially fit, improve relationships or be the best version of themselves.

Thank you again for partnering with New Directions to offer the EAP. We look forward to creating healthier, more productive employees in 2018, and watching your business thrive. We look forward to talking with you soon!

With appreciation,

Betsy Klein, Vice President EAP